

UNDERSTAND INNOVATE DELIVER



## **IMPORTANT**

## Preparation for your child's test

## Pelvic / Bladder Ultrasound - Full Bladder

Your child's age Preparation

Less than 3 years old Encourage fluids

3-6 years old 1-2 cups of water finished 30 minutes prior to exam time

7-11 years old 4 cups of water finished 45 minutes prior to exam time

Over 12 years old 5 cups of water finished 45 minutes prior to exam time

Once the child drinks, he or she should **NOT** empty his or her bladder. It is expected that infants and small children will not have the bladder control that older children do. If your child is unable to drink fluids for any reason, please consult your GP.

Your child should be dressed in comfortable, loose-fitting clothing for an ultrasound exam.